

**JMD DESIGNS  
TUTORIALS**

Nathan's Blackwork Teddy Bear Written and Designed by Janet M. McDonald -Davies



Shopping List

Fabric

~ Even weave fabric. Add 3 inches around the 4 sides of the teddy bear shape you intend to use and cut fabric to that measurement. I stitched on 28 count fabric and used the larger teddy design.

Thread

~ Anchor or DMC 6 stranded cotton. Black  
~ Gold Metallic thread.

Needle

~ Crewel, size 10  
~ Tapestry size 26

Hoop

~ Hoop size that will fit on your fabric.

Getting design outline onto the fabric:

1. Press your fabric.
2. Print or photocopy the design to the required size.
3. The overall design on paper is centered and pinned under your fabric.
4. Tape the fabric and design paper to a window to see the design through the fabric. Use a Blue Water Soluble pen to trace your design outlines onto your fabric. Pencil can be used, but make sure the lines are covered by stitching.

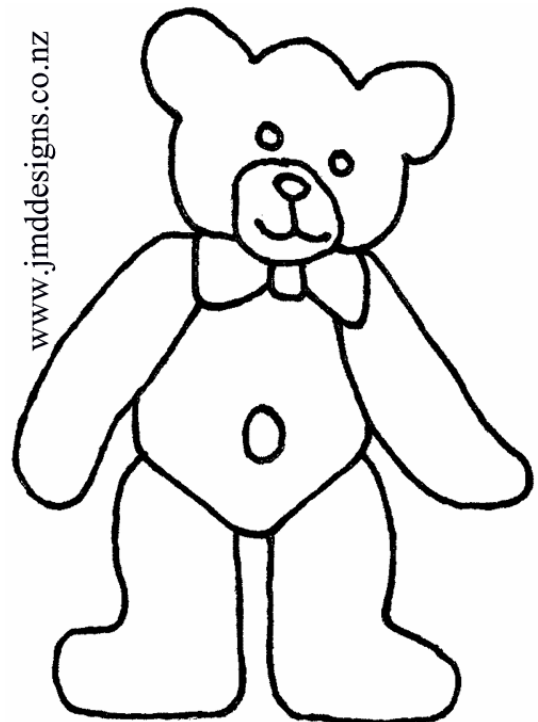
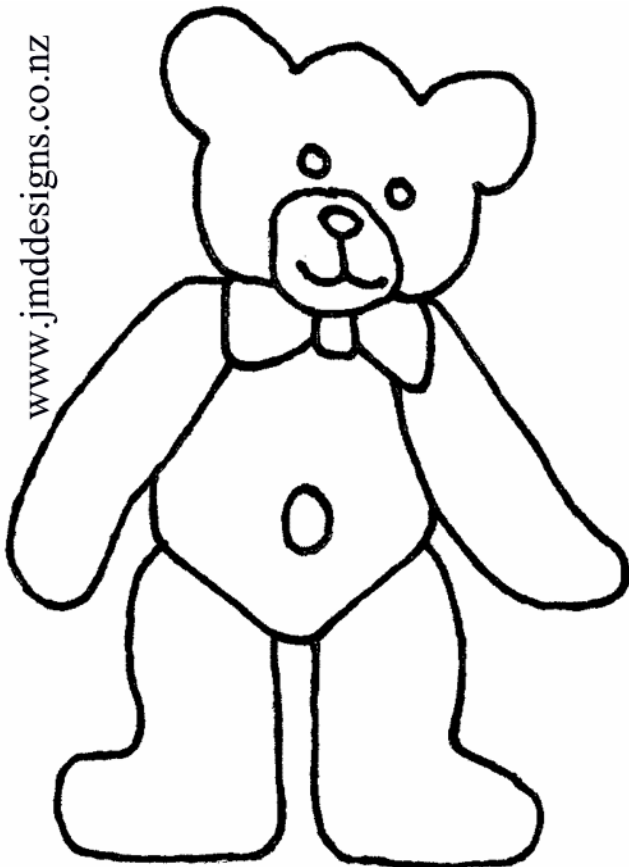


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Stitching Instructions

1. Stitch all outlines of the teddy bear with Holbein stitch. Use 2 strands of 6 stranded cotton and a crewel needle. You do not always following the grain of the fabric as you will for the filling stitches.
2. The filling stitches are stitched inside the design stitched areas following the thread count of the fabric. Use 1 strand of 6 stranded cotton and a tapestry needle. 1 square on your graph equals 2 fabric threads. Make 1 Holbein stitch per 2 fabric threads.
3. The filling stitches inside the tummy button are stitched with 1 strand of gold metallic thread.

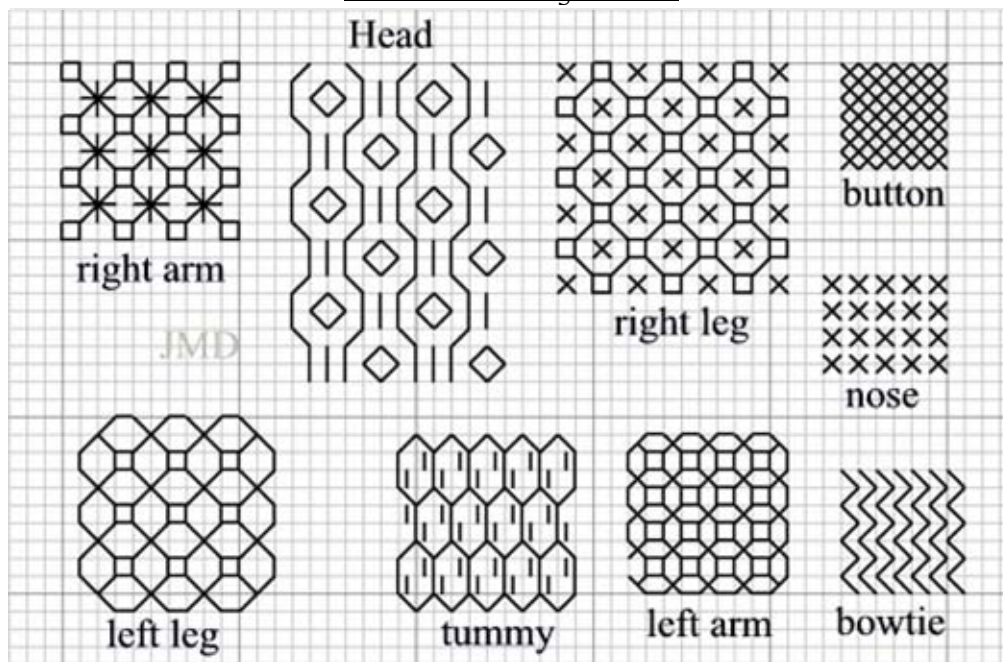
Trace the design size you wish onto your fabric.



The right hand bear is the size I stitched on 28 count fabric.



Blackwork Filling stitches



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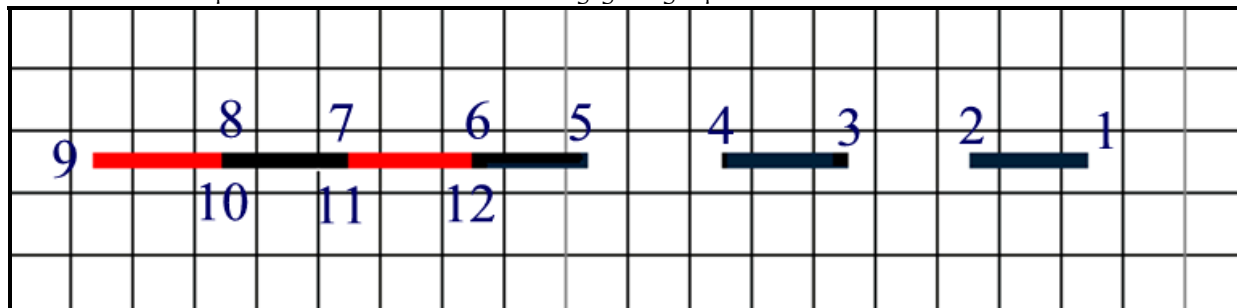
Holbein Stitch for design outline stitches:

~ Follow the instructions below but follow the outline of the teddy bear not always following the grain of the fabric as you will for the filling stitches.

Holbein Stitch for Filling stitches:

~ 1 square on your graph equals 2 fabric threads. Make 1 Holbein stitch per 2 fabric threads.

1. Start by bringing the needle up through the fabric at 1.
2. Then down at 2. Now up at 3.
3. Then continue along going up and down with finishing going down at 8.
4. Turn the fabric 180 degrees and bring the needle up at 9.
5. Now come down at 10, at the same time piercing the stitch made at 8.
6. Now come up at 11. Then continue along going up and down to make a continuous row of stitching



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